



French women eat everything from bread and cheese to chocolate and, of course, they drink fine wine. So how are they able to stay so thin? Mireille Guiliano shares big secrets from her *New York Times* Best Seller,

Why French Women Don't Get Fat: The Secret of Eating For Pleasure.



"It's a welcome reprieve from the scores of diet books out there; there's nary a mention of calories, anaerobic energy, glycemic index or any of the other hallmarks of the genre,"

Publishers Weekly.

"We may profess to despise her compatriots in all their arrogance, but secretly we still find Paris far sexier than South Beach," ***The New York Times.***

"We're hitting a wall in the American culture, realizing dieting doesn't work. I'm not a doctor and I'm not prescribing anything. I'm just suggesting that you change one or two things. People say I have self-discipline but I don't; I am weak like everyone else. I just have a system," ***Mireille Guiliano, San Francisco Chronicle.***

THE FRIENDS OF THE AMERICAN LIBRARY IN PARIS

Cordially invite you to attend our
Spring Fundraising Event

"A Champagne Veuve Clicquot Lunch"

Featuring Keynote Speaker, Author and International Business Leader

MIREILLE GUILIANO,

President & CEO of Clicquot, Inc. and author of

"French Women Don't Get Fat"

Friday, May 5, 2006 at 12:30 PM

THE HOTEL MARRIOTT CHAMPS-ELYSEES

We are very grateful to our sponsors for their generous support

Veuve Clicquot Champagne

Raffle: VC Champagne and VIP visit to VCP

Marriott Vacation Club International

MVCI will take a few moments to introduce their system of quality world wide ownership resorts and tell us how one can vacation at 5 star resorts anywhere in the world & earn points.

Lili's Brownies Café

for great American desserts 35 rue du Dragon, Paris, 6eme

€50, 00 per person - Space is limited - RSVP by April 28

Please mail & make checks payable to "The American Library in Paris"

10, Rue du General Camou, 75007 Paris tel 01 53591260